



SSANEE Training & Consulting Group

"Supplying Solutions & Advice for Navigating with Education & Empowerment"

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LOCAL AUTHOR AND SPEAKER HONORS ANCESTORS BY FOCUSING ON EDUCATION AND EMPOWERMENT DURING BLACK HISTORY MONTH AND BEYOND

CHICAGO, February 25, 2010 – Local author and professional speaker, **Cassandra “D.I.V.A. of Dialog™” Lee** of SSANEE Training & Consulting Group will honor the ancestors by focusing on education and empowerment with a book signing and wine tasting from 6 p.m. – 8 p.m. at WineStyles, 1240 S. Michigan Ave. on Thursday, February 25. The book signing will feature her co-authored empowerment book “Survival Skills for the African-American Woman,” a must-read anthology for women who want powerful tips for embracing their Afrocentricity; understanding the African-American male; eliminating toxic relationships; parenting skills for the single woman; overcoming envy; finding a mate for life; learning to trust again; overcoming the blame game; walking their spiritual journey; and more.

The cost to attend is \$25 and includes an autographed copy of the book and a drink coupon for a free glass of wine. A portion of the proceeds will be donated to the Haiti relief effort. The book signing and wine tasting will give attendees a chance to learn more about wines, obtain an autographed copy of the book and enjoy live musical entertainment – all in one evening.

This event kicks off Ms. Lee’s series of programs, seminars, workshops, and events geared toward personal enrichment and professional development during Black History Month and beyond because she understands that many ancestors fought long and hard (and even died) for the chance of African-Americans to have a quality education. Furthermore, she is aware that her ancestors understood then, as she understands now, that education is the key to quality and prosperous living.

In addition to the book signing and wine tasting tonight, the D.I.V.A. of Dialog™ will put her national training skills to use by conducting an organization and time management seminar on Saturday, February 27 from 10 a.m. – 3 p.m. at 8 S. Michigan Ave. This seminar will provide attendees with techniques to effectively organize their space; tips to maximize their energy; tools to improve their time management skills; and insight for improving their overall productivity. The cost to attend this seminar is \$225 and includes registration materials, workbook, handouts, continental breakfast, and lunch. Registration begins at 9:30 a.m.

Cassandra “D.I.V.A. of Dialog™” Lee has committed her time and talents to delivering quality training programs and events in Chicago during Black History month because she does not want the hard work and sacrifice of her ancestors to be in vain. Education was seen as a sacred commodity during and after slavery because it could change the course of one’s life in a positive way. The same still holds true today.



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She says, "As a leadership speaker who motivates my audiences to think strategically, communicate effectively and lead influentially, I stress the importance of seeking knowledge and committing to life-long learning because I see how education and empowerment positively affects the lives of those who do."

She adds, "Experiencing quality educational opportunities is important for everyone, especially African-Americans. I am happy that I have the talents and passion for teaching through speaking and that history has afforded me the chance to use those talents to educate and empower audiences of all races to achieve their best. Most importantly, I want African-Americans to know that education is not optional; it's essential, which is why I am providing my seminars in February, March, May, and throughout 2010 and beyond in Chicago."

To learn more about the programs, seminars, workshops, and events Cassandra "D.I.V.A. of Dialog™" Lee will be offering in 2010, visit

<http://www.divaofdialog.com/eventsandprogram.aspx>.

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SSANEE Training & Consulting Group is an educational consulting firm with the mission of using break-through strategies to provide associations, corporations, event planners, programming boards, social service agencies, schools, and universities with customized training programs that impact their employees, students, and clients for long-term personal growth and career success.

Featured in *Who's Who in Black Chicago, the Inaugural Edition*, **Cassandra "D.I.V.A. of Dialog™" Lee** is a professional speaker, national trainer, expert author, and communications coach who uses "Divine Inspiration Vocally Applied™" to empower and educate adult and youth audiences to think strategically, communicate effectively and lead influentially. This self-development expert conducts seminars, moderates panels, facilitates workshops, presents speeches, and writes resources that promote personal empowerment and professional development. With close to 15 years of experience in teaching and training audiences, she has worked with such clients as the U.S. Department of Education, SkillPath Seminars, Kennedy-King College, Hospitality Academy of McCormick Place, and American Management Association, to name a few. She is an active member of the Professional Woman Network and Toastmasters International.